

Union Baptist Church
31 Manhattan Avenue
White Plains, New York 10607
Pastor Verlin D. Williams, D.Min.

June 3, 2026

PROMISES OF GOD IN THE NEW TESTAMENT

LESSON 5: The Promise of God's Providence for Christian Women

SCRIPTURE

Romans 8:28 NKJV

And we know that all things work together for good to those who love God, to those who are the called according to His purpose."

BIBLICAL CONTEXT

Romans 8 is one of the most powerful chapters in the Bible. It speaks to believers about freedom from condemnation, life in the Holy Spirit, adoption into God's family, suffering in the present, hope for future glory, and the unfailing love of God.

Paul writes Romans 8 to Christians who knew pressure, hardship, uncertainty, and suffering. They were believers living in a difficult world, yet Paul reminds them that their lives were secure in Christ.

Romans 8 begins by declaring:

"There is therefore now no condemnation to those who are in Christ Jesus."

Romans 8:1 NKJV

This truth is especially powerful for the woman who have carried guilt, shame, criticism, rejection, grief, disappointment, or the pressure of trying to be everything for everybody.

In Christ, a woman is not condemned.

She is loved.

She is forgiven.

She is called.

She is strengthened.

She is seen by God.

THE CONTEXT FOR CHRISTIAN WOMEN TODAY

Many Christian women, working-class, wives, mothers, and grandmothers (all the above)—carry heavy responsibilities.

They may be caring for children, grandchildren, spouses, aging parents, church members, neighbors, coworkers, and extended family. Many are working jobs, managing households, stretching finances, praying for loved ones, and trying to keep families together.

Many women have had to be strong for so long that they rarely feel free to be tired.

They carry:

- The burden of family care
- Financial pressure
- Workplace stress
- Marriage concerns
- Parenting worries
- Grief and loss
- Health issues
- Emotional exhaustion
- Racial and gender-related challenges
- Silent disappointments
- The pain of being overlooked or taken for granted
- The responsibility of praying for everyone while needing prayer themselves

Romans 8:28 speaks directly to you.

It reminds you that God sees what others miss. God honors what others overlook. God is working in places where you may feel weary, confused, or forgotten.

The promise is that God is working on your behalf.

THE PROVIDENCE OF GOD

Providence means that God is actively, wisely, lovingly, and sovereignly involved in the lives of His people. God does not watch from a distance.

God's providence means that even when life feels scattered, God is weaving things together.

This is a precious truth. You may look at your life and see loose ends:

- A child you are worried about
- A prayer that has not yet been answered
- A relationship that is strained
- A dream that was delayed
- A wound that still hurts
- A season of caregiving that feels overwhelming
- A financial need that seems impossible
- A private grief that no one else understands

But God sees the whole tapestry.

Like Ruth, who lost her husband and faced uncertainty, God can guide a woman into unexpected provision and purpose. Like Hannah, who wept in prayer over a deep desire, God hears the cries of a woman's heart. Like Mary, who carried a divine assignment she did not fully

understand, God gives grace for the calling. Like the Samaritan woman, whose story was marked by brokenness, God can transform shame into testimony.

God has always worked through women. He still does.

EXPLANATION OF ROMANS 8:28

1. "And we know..."

Paul begins with confidence: "And we know."

This is the deep conviction that God is faithful even when life is uncertain.

Romans 8:28 invites women to move from worry to worship, from fear to faith, and from anxiety to assurance.

A woman of God may not know how everything will work out, but she can know Who is working.

She can say:

"I know God sees me."

"I know God loves me."

"I know God is faithful."

"I know God is working."

"I know my labor is not in vain."

"I know my story is not over."

2. "That all things..."

Paul says "all things."

This includes the joyful things and the painful things. The answered prayers and the waiting seasons. The open doors and the closed doors. The celebrations and the heartbreaks.

For Christian women, "all things" may include:

- The child she prayed over through tears
- The marriage season that tested her patience
- The job that drained her strength
- The bills that kept her awake at night
- The diagnosis that changed her plans
- The loss that left an empty chair
- The betrayal that wounded her trust
- The years she spent caring for others
- The dreams she postponed for her family
- The private battles no one knew she was fighting

Romans 8:28 does not say all things are good. It says God works all things together for good.

There is a difference.

Pain is not good by itself. Injustice is not good. Abuse is not good. Death is not good. Disappointment is not good. But God can take what is painful and uses it for healing, wisdom, strength, compassion, testimony, and purpose.

3. "Work together for good..."

God is working things together.

This means a woman should not judge God's faithfulness by one hard moment, one bad day, one painful season, or one unanswered prayer. God is working across the whole story.

Many women are skilled at bringing things together. They bring families together, meals, schedules, resources, church events, and people together. But Romans 8:28 reminds us that God is the One bringing the deeper things together.

He is bringing together, "for the good." Romans 8:29 teaches that the ultimate good is being conformed to the image of Christ. God is making His daughters more like Jesus:

God is changing situations, and He is shaping souls.

4. "To those who love God..."

Romans 8:28 is a covenant promise to those who love God.

To love God is more than a religious activity. It means trusting Him with the heart, obeying His Word, worshiping Him in private and public, and continuing to seek Him even in pain.

A woman who loves God:

- Prays when she is weary
- Worships through tears without denying the pain
- Serves without losing her soul
- Speaks truth with grace
- Builds her home with wisdom
- Encourages her children and grandchildren in faith
- Seeks God before making decisions
- Refuses to let bitterness define her
- Trusts God with what she cannot control

Loving God does not mean she never gets tired.
It means she knows where to take her tiredness.

Jesus said:

"Come to Me, all you who labor and are heavy laden, and I will give you rest."
Matthew 11:28 NKJV

5. "To those who are called according to His purpose."

A woman who is called by God.

She may be defined by her relationship to others. She may be a wife, mother, grandmother, sister, daughter, aunt, caregiver, worker, and friend, but before all of that, she is God's beloved daughter.

Her calling is not limited to a pulpit, platform, title, or public recognition. God's purpose can be lived out in a home, workplace, hospital room, classroom, kitchen, office, church ministry, prayer closet, community meeting, or conversation with a grandchild.

God's purpose includes:

- Her faith
- Her wisdom
- Her witness
- Her prayers
- Her service
- Her influence
- Her testimony
- Her love
- Her perseverance
- Her legacy

Women have carried faith through families, churches, communities, and generations. They prayed when others did not know how to pray. They served when resources were few. They taught children to trust God in a world that could be unjust. They held families together by faith, wisdom, and endurance.

God saw it then.
God sees it now.

And God is still working.

CONTEMPORARY SUMMARY FOR WOMEN

Romans 8:28 is a promise for the woman who has been carrying much and saying little.

It is for the wife praying over her marriage.
The mother worried about her children.
The grandmother covering generations in prayer.
The working woman exhausted from labor inside and outside the home.
The widow learning how to live with grief.
The caregiver who wonders who is caring for her.
The woman healing from disappointment, betrayal, or loss.
The sister who smiles in public but cries in private.

God says: I am working.

Your tears are not wasted.
Your prayers are not ignored.
Your labor is not invisible.

Your sacrifices are not forgotten.
Your story is not finished.
Your pain will not have the final word.

The God who remembered Hannah, guided Ruth, strengthened Esther, honored Mary, restored the Samaritan woman, and empowered the women at the empty tomb is the same God working in your life today.

You may not understand every chapter.

But you can trust the Author, He is working all things together for good.

QUESTIONS FOR DISCUSSION — WOMEN

1. What are some responsibilities that Christian women often carry that others may not fully see or appreciate?
2. Romans 8:28 says, "We know." What has God brought you through that helps you know He is faithful?
3. How does this promise speak to women who are tired from caring for everyone else?
4. Romans 8:29 teaches that God's ultimate good is making us more like Christ. How does this change the way we think about answered prayer, delayed dreams, or painful seasons?
5. What does it look like for a wife, mother, or grandmother to trust God's providence while still carrying real responsibilities?
6. How can older women help younger women recognize God's hand in seasons of waiting, pain, work, and family life?

MEMORY VERSE

And we know that all things work together for good to those who love God, to those who are the called according to His purpose."
Romans 8:28 NKJV

Write it. Memorize it. Live it.